



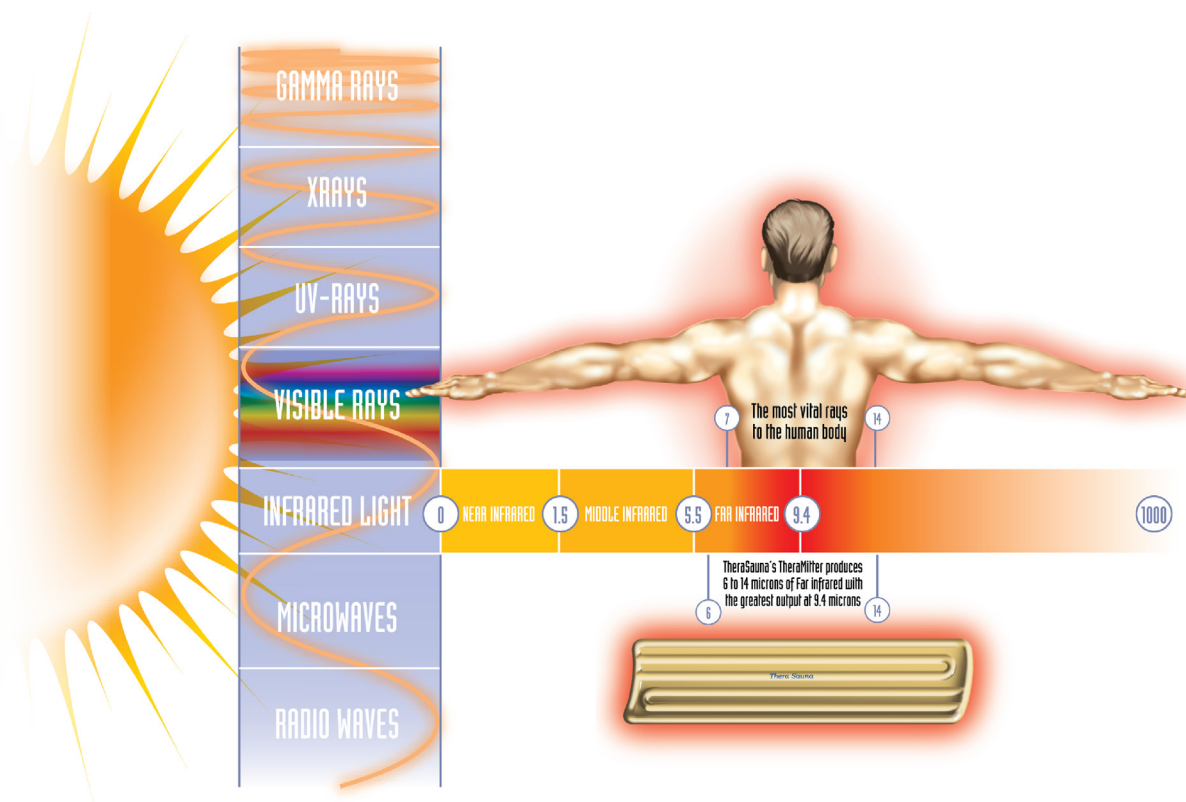
BREATHE.
RELAX.
REPEAT.


TheraSauna[®]
The Original Patented
Far Infrared Health Sauna

FAR-INFRARED SAUNAS
HEALTH AND RELAXATION SOLUTIONS FOR LIFE

FAR-INFRARED AND THE HUMAN BODY

Far-infrared is part of the sun's invisible light spectrum that is essential to plants, animals, and humans. Infrared heat is a form of energy that penetrates the body by warming muscles and tissue directly without heating the air. Infrared energy keeps us warm and repairs body tissue. The human body absorbs infrared in the 3 to 50 micron range. Light waves between 6 to 14 microns have special regenerative effects on the body, with the optimum absorption by the human body occurring at 9.4 microns. TheraSaunas' use the Patented Stable Heat™ System, which is able to consistently reach this important bench mark of far-infrared light.



MEDICAL USES OF FAR-INFRARED TECHNOLOGY

Doctors have conducted extensive research on the therapeutic uses of infrared. Far-infrared treatments have shown medical benefits in a variety of illnesses by speeding the removal of toxins from the body, which are often a major contributor to various health problems. Numerous toxins are absorbed and stored in our bodies. Toxic gases like sulfur dioxide, carbon dioxide, and substances such as lead, mercury, and chlorine are encapsulated by large water molecules. These toxins are stored in the body at the cellular level blocking blood circulation and impairing cellular energy. The body's immune system is inhibited, which makes it difficult for the body to fight disease. However, when far-infrared therapy is introduced to the human body, the large water molecules begin to vibrate via an effect called resonance. Through this process it breaks down the ion bond to release the encapsulated gases and toxic materials. This forces the toxins and internal perspiration to the surface where they can be showered off.

HEALTH BENEFITS OF FAR-INFRARED

1. CALORIC EXPENDITURE AND WEIGHT MANAGEMENT

The human body exerts tremendous amounts of energy (calories) to attempt to cool itself down during the sauna session. The far-infrared heat causes the core body temperature to rise, leading to an increased heart rate. Like exercise, your body must work harder to lower your core temperature which translates into burned calories. In conjunction with a healthy diet and exercise, this aids in weight loss and healthy body composition.



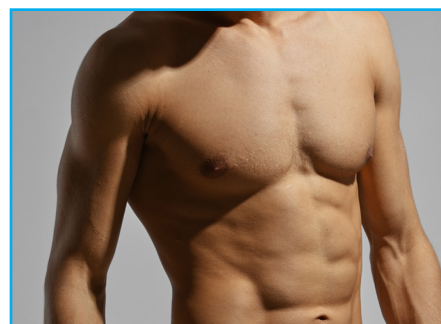
2. DETOXIFICATION

Exposure to everyday toxic gases and household chemicals can weaken the immune system and blood circulation of the human body. These toxins are stored beneath the surface of the skin as water molecules and build up over time. Far-infrared sauna therapy helps break up these water molecules at the cellular level, causing them to vibrate and push to the surface through perspiration. In removing toxic compounds from the body and promoting the body's natural immune process, infrared sauna detoxification is known to enhance overall health and well-being.



3. CIRCULATION AND MUSCLE RECOVERY

Exposure to far-infrared heat produces an increase in oxygenated blood flow to the entire body, similar to the effects of standard cardiovascular exercises. Heat causes the blood vessels to dilate which enables more oxygen and nutrients to get to the muscles and joints. This improved circulation provides greater flexibility and range of motion to the body while relaxed, leading to better muscle performance.



4. IMPROVED IMMUNE RESPONSE

During an infrared sauna session, the body's core temperature can rise 2-3 degrees, inducing an artificial fever. The body's core mechanisms react quickly and aggressively to improve immune response. This reaction over time helps improve overall immune functions in the body. Far-infrared sauna use has also been shown to increase white blood cell count, which also aids the body in fighting off disease and infection.



5. PAIN RELIEF & RELAXATION

Heat has been used for centuries to help alleviate pain and provide relief to sore and aching muscles. Far-infrared saunas may be useful to improve quality of life and reduce pain in patients with chronic pain. Wavelengths penetrate deep into the body creating blood flow to muscles, which also delivers concentrated oxygen, and gives your body the stressors it needs to fight inflammation. Far-infrared saunas also have been shown to release endorphins, which aid our opioid brain receptors in alleviating pain.



99% NON-TOXIC, NON-ALLERGENIC ASPEN WOOD



BREATHE EASY WITH NON-TOXIC ASPEN WOOD

MADE FROM
100% ASPEN WOOD
99% NON-TOXIC &
NON-ALLERGENIC

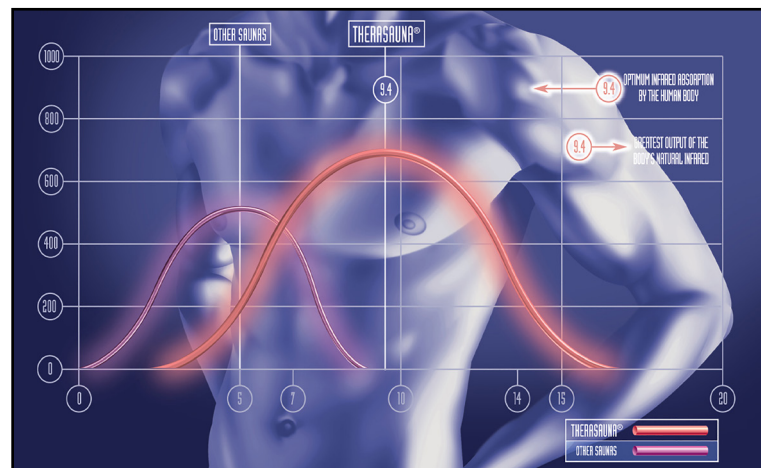
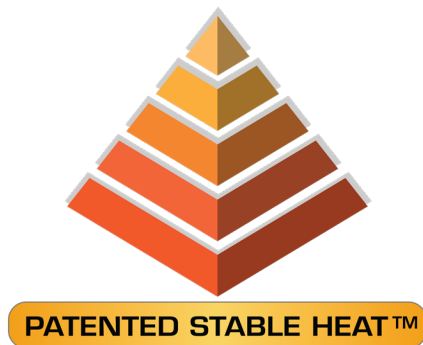


Infrared energy heats objects directly and penetrates up to 2 inches below the surface. This means the infrared heat also penetrates the sauna wood in addition to your skin, so the wood that a sauna is made of is very important. Our saunas are only handcrafted with furniture grade aspen wood, domestically grown in the Northwoods of Wisconsin. This wood has a high hardness rating, giving the sauna the stability and comfort needed to hold up year after year. Aspen is also up to 99% non-toxic and non-allergenic, and resistant to fungus and bacteria, making it the ideal choice for people with allergies or chronic health conditions.

Almost all of our competitors are using Canadian hemlock, cedar, and redwood which contain a natural insecticide called terpenes. When a sauna made of hemlock, cedar or redwood and is turned on, these naturally occurring oils within the wood become heated and gas off a substance called cedrine. Cedrine attacks the central nervous system of insects and kills them, and in some cases, it can also cause vomiting and convulsions in humans. Only the highest quality aspen is handpicked for our saunas, creating a safe and luxurious environment right in the comfort of your own home.

PATENTED STABLE HEAT SYSTEM

TheraSaunas' far-infrared is produced during the entire sauna session. When the sauna reaches temperature, the Soft Touch LCD Sauna Controller idles the TheraMitters™ down to surface temperature of under 230°F. The TheraMitters™ will return to 400°F and above when necessary, keeping a steady temperature and micron range. The far-infrared produced is still consistently reaching the optimal 9.4 micron range for human absorption due to the unique physical design of solid ceramic TheraMitters™, penetrating up to 2" below the skin. This creates an environment where the user receives more infrared in 20 minutes than they would during a 40 minute session in other brand saunas. TheraSaunas' produce zero cold spots when operating and does not vent plastics and carbon fibers into the sauna cabinet, unlike our competitors. Carbon saunas only reach the one surface temperature of approximately 230°F and turn off after reaching their set convection air temperature, losing air temperature and creating an ineffective range of infrared. The TheraSauna Stable Heat™ System does not turn off, but powers down and sends a trickle charge of electricity to maintain the surface temperature of the TheraMitters™, thus consistently reaching the 9.4 micron range of far infrared.



The best example of how the TheraSauna Stable Heat™ System works in relation to our competitors is to imagine a light switch. If the light switch is flipped on, the light in the room will turn on. The moment the switch is turned off, the light goes out and the room is dark. Infrared is a form of light, just like the visible light in the example, but on a different spectrum that is invisible to the naked eye. TheraSauna Stable Heat™ System remains on during the entire sauna session, meaning infrared is produced the entire sauna session, just like turning on the light with the light switch and leaving it on the whole time you are in the room. In a competitor's sauna, the infrared will be produced until the set temperature is reached. The moment the set temperature is reached, infrared immediately stops being produced, just like shutting off the light with the light switch. No more infrared is being produced, just like flipping the light switch to off turns off the light. So, it's much like sitting in a room with the lights on for 40 minutes, but you have to sit in the dark for half of the time. Our Stable Heat™ System prevents this from happening in TheraSauna, giving the user a clear advantage in the amount of exposure to far infrared.

SAUNA COMPARISON CHART

FEATURES	THERASAUNA	OUR COMPETITORS
Made in the USA	Handcrafted in DeWitt, IA	Made in China
Hand-Crafted	Yes	No
Wood Type	Aspen Hardwood	Cedar, Poplar, Hemlock, etc.
Bench	Reversible (Flat or Curved), Heavy-Duty Bench Seating	Lightweight, Flat Bench Only
Backrest	Built-In, Curved Backrest	No Built-in Backrest
Patented Stable Heat™	Includes Patented Stable Heat™	No
Heater Type	Solid Ceramic TheraMitters™	(Primarily) Carbon Fiber
Glass Type	Smoke Tempered Glass	Tempered Glass
Assembly	Specialized Bolt-Together Design	Buckles or Magnetic Fasteners (with Magnetic-Producing Fields)
Interior Lighting	Elegant Light Fixture	LED Light
Exterior Lighting	Motion-Sensor Lighting on All Saunas	Not Available on all Models
Chromotherapy Lighting	Optional 10 Color Dimmable LED Chromotherapy Light	7 Color LED Light
Custom Built Saunas	Yes	No
Height	All Saunas Are 78 Inches Tall	Varies
Warranty	Limited Lifetime	1 Year Warranty

THERASAUNA STANDARD FEATURES



Curved Back Rest For Extra Comfort



Bolt Together Design, 30 Minute Assembly



Plugs Into Any 120V 15/20 Amp Wall Outlet



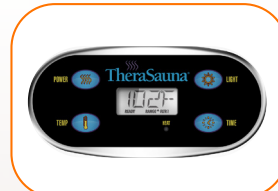
Comfortable, Reversible, Deep Seats



Sliding Roof Vent



Elegant Lighting Fixture

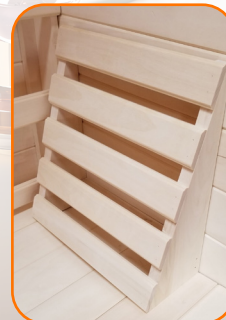


Soft Touch 4 Button LCD Sauna Controller

OPTIONAL ADD-ON ACCESSORIES



Aspen wood Leisure Accessory Kit
Footrest, magazine holder, cup holder, and towel hook
(bottle not included)



Aspen wood backrest/footrest

FAR-INFRARED SAUNA MODELS



SPECIFICATIONS

- 1 Person Straight Bench
- 49" x 44" x 78"
- Non-Toxic Aspen Hardwood
- 8 TheraMitter™ Heaters
- Smoke Glass Door and 2 Side Windows
- Soft Touch 4 Button LCD Control
- 120 Volt / 15 Amp Outlet
- Roof Vent
- Elegant Lighting Fixture
- 7 External LED Roof Lights



MODEL: TS4746UF

FAR-INFRARED SAUNA MODELS



SPECIFICATIONS

- 2 Person Plus Straight Bench
- 59" x 50" x 78"
- Non-Toxic Aspen Hardwood
- 10 TheraMitter™ Heaters
- Smoke Glass Door and 2 Side Windows
- Soft Touch 4 Button LCD Control
- 120 Volt / 20 Amp Outlet
- Roof Vent
- Elegant Lighting Fixture
- 7 External LED Roof Lights



MODEL: TS5951UF

SPECIFICATIONS

- 4 Person Straight Bench
- 86" x 52" x 78"
- Non-Toxic Aspen Hardwood
- 12 TheraMitter™ Heaters
- Smoke Glass Door and 2 Front and Side Windows
- Soft Touch 4 Button LCD Control
- 120 Volt / 20 Amp Outlet
- Roof Vent
- Elegant Lighting Fixture
- 9 External LED Roof Lights



MODEL: TS8753UF

ABOUT THERASAUNA

Proudly made in the U.S.A. with decades of experience, TheraSaunas' are engineered and designed to enhance your quality of life. Every aspect of manufacturing is carefully monitored and perfected in our state-of-the-art facility in Eastern Iowa. Vigorous testing and quality control are the standard, as all our units must pass our 50-point inspection process. From our aspen wood to our ceramic heaters, every component is chosen for your health and wellness in mind, and that is always our focus. We continuously strive to exceed the expectations of our customers and their quality of ownership. Our journey started in 1966 but continues today right where it all started. Our devotion to providing our customers with the highest quality American-Made products is and always will be our #1 priority.



THE THERASAUNA DIFFERENCE:

- ***CRAFTED WITH FURNITURE GRADE, DOMESTICALLY GROWN NON-TOXIC ASPEN WOOD***
- ***BUILT WITH 3/4 INCH WOOD***
- ***AMERICAN-MADE AND ENGINEERED***
- ***COMPANY HAS BEEN IN BUSINESS SINCE 1966***
- ***CE AND ETL LISTED FOR YOUR SAFETY***
- ***LIFETIME WARRANTY ON ALL THERAMITTER™ HEATERS***
- ***FAR-INFRARED IS SAFE, EFFECTIVE, AND FDA APPROVED***
- ***MADE WITH 99% NON-TOXIC & NON-ALLERGENIC ASPEN WOOD***

THERASAUNA WARRANTY

LABOR: ONE-YEAR WARRANTY ON LABOR

CONTROLS: THREE-YEAR WARRANTY ON THE SYSTEM POWER SUPPLY

THERAMITTERS™: LIFETIME

THIS UNIT IS MEANT FOR INDOOR USE ONLY. WARRANTY IS VOIDED IF THERASAUNA IS PLACED IN AN OUTDOOR ENVIRONMENT.

Limited warranty on TheraSauna replacement parts. TheraSauna warrants its products to be free from defects in material and workmanship for a period of one year from the date of purchase, except as noted above. Products, which become defective within the warranty period will be repaired or replaced (at TheraSauna's option) except for damage due to negligence, abuse, misuse, misapplication, unauthorized modifications, improper installation, or normal wear and tear.

TheraSauna will be responsible for labor incurred by its authorized service agents per pre-established rates in removing, inspecting and reinstalling the warranty products only during the one year of the warranty period; however, TheraSauna will not cover any labor costs attributable to disassembly and reassemble of the unit. TheraSauna will not be responsible for labor costs of anyone that is not an authorized service agent or for routine maintenance, adjustments or alterations to the calibration of the electrical devices. Any products which are claimed to be defective and which are not repaired or replaced by an authorized service agent must be shipped freight prepaid to TheraSauna and the repaired or replaced product will be returned to the sender freight collect. When sent to TheraSauna, the product must be accompanied by the sales receipt or other proof of purchase date, as well as the sender's name, mailing address, daytime telephone number and any other information relating to the sender's claim. This warranty gives you specific legal rights and you may also have other rights, which vary, from state to state. This warranty applies to products produced by TheraSauna after January 1, 2017.

This warranty is extended only to the original purchaser. This warranty shall not apply to any product or component used for industrial, rental, club or commercial purpose. This warranty shall not apply to any claims arising from the misuse, neglect, accident, abuse, improper installation, or improper operation on the part of the purchaser, including but not limited to exposure to fire or excessive heat, and other hazards of nature. Under no circumstances will the manufacturer be liable for any special or consequential damages arising from the use of the product or components or the parts attached or installed with it. Nor for injury to any person or any claims for damages arising from the use, installation or servicing of the product. The purchaser is responsible for providing adequate access to the equipment so that any necessary service may be performed. The purchaser must establish, by dated sales slip, invoice or delivery receipt, the date of purchase. All costs for removing and reinstalling the sauna as well as freight charges to and from our factory shall be at the purchaser's expense.

TheraSauna is not responsible for any in home service unless your TheraSauna is purchased from a local authorized dealer trained in the repair and maintenance of TheraSauna products. If purchased from a retailer (i.e. from the internet) that does not offer in home repair, then defective parts must be sent to TheraSauna for repair or replacement.

TheraMitters™ and the system power supply have a \$100.00 deductible after one year, per incident.

Jurisdictional provision: The laws of the State of Iowa control the provisions of this document. By accepting this warranty the buyer subjects itself to the jurisdiction of the laws of the State of Iowa and agrees that place of suit shall be in Scott County, Iowa, USA. Attached hereto is the warranty card, which must be completed and returned to TheraSauna within thirty (30) days from the date of purchase of the TheraSauna. Failure to return the warranty card within thirty days of purchase will void this warranty without any further notice.

REGARDLESS OF WHETHER THE WARRANTY CARD IS RETURNED WITHIN THE SPECIFIED TIME PERIOD, THERE SHALL BE NO WARRANTIES OR OBLIGATIONS, EXPRESS OR IMPLIED HEREUNDER, SPECIFICALLY EXCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE, OTHER THAN SPECIFICALLY DESCRIBED HEREIN. NO LIABILITY SHALL ACCRUE TO THERASAUNA EXCEPT AS SET FORTH HEREIN.



BREATHE. RELAX. REPEAT.


TheraSauna[®] *The Original Patented*
Far Infrared Health Sauna

THERAMITTERS™

LIFETIME WARRANTY



2025 THERASAUNA BROCHURE UF 1-19-25



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563.359.3881 | THERASAUNA.COM



Listed & Factory Pre-Tested