

POSITIVE DRIVE FINs

#2.35.100

FOUR STROKE TRAINING FINs

TECHNICAL / TRAINING FINs

FEATURES & BENEFITS

ELLIPSOIDAL BLADE

Generates correct propulsion in all kick styles

ASYMMETRICAL DESIGN

Promotes a natural inward supination kick cycle

ADJUSTABLE HEEL STRAPS

Creates a customized fit that secures fin and allows feet to flex more naturally

CLOSED TOE DESIGN

Provides superior energy transfer

BREASTSTROKE COMPATIBLE

Safely build a powerful breaststroke kick

ERGONOMIC FOOT POCKET

Comfortably places feet in an ideal swimming position

ALL FOUR SWIM STROKES

Increases leg strength, foot speed and ankle flexibility for all four swim strokes; great for training the individual medley event



Studio Image(s): Front and side view of Positive Drive Fins

PRODUCT DESCRIPTION



The Positive Drive Fins (PDF's) use a unique ellipsoidal blade to generate correct propulsion in all four swim strokes. The asymmetrical blade design allows the swimmer to build power while promoting a natural inward supination kick style for butterfly, backstroke and freestyle. The PDF's use an ergonomic foot pocket to comfortably place feet in an ideal swimming position. The heel strap secures the fin, allowing feet to flex more naturally. A closed toe design provides superior energy transfer from leg to foot. The PDF's will increase leg strength, foot speed and ankle flexibility for all four swim strokes, making the fins great for individual medley training.

FINIS, Inc.

FINISinc.com

USA 925.454.0111 | EU +359 2 936 86 36

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